

# Suggested Packing List

## **BAGGAGE**

One piece of checked luggage and the weight limit is 50lbs.

One carry-on bag and one personal item allowed in the cabin.

Personal items include a purse, briefcase, or laptop bag.

Your carry-on may weigh up to 40 lbs. and the carry-on size allowed is (14 x 9 x 22).

If your luggage exceeds the weight allowed, you will personally be charged \$100 to \$150.00 at the airline check-in. Please weigh your luggage before you go to the airport.

Use travel size toiletries up to 3 oz. in your carry-on.

## **CLOTHING & MISC**

Casual blouses, shirts, socks, underwear/garments

Casual and modest shorts, jeans, slacks, Capri pants

Sunglasses and Hat

Modest swimsuit, cover-up and beach towel

2 pairs of comfortable walking shoes

1 pair of water shoes for the Dead Sea and Jordan River Baptism

Jacket or light sweater

Bedroom slippers and pajamas

Small umbrella

Adapter or converter for all electrical appliances

## **TOILETRIES AND MEDICATIONS**

Shaving equipment

Contact lens solutions

Diarrhea medicine

Cold remedy, allergy or decongestant tablets

Sleeping aid

Toothbrush, paste, and dental floss

Deodorant

Suntan lotion

Comb and hairbrush

Hair products

Laundry detergent (small amount in Ziploc Bag)

## **ITEMS TO PACK IN HAND LUGGAGE**

Passport and airline ticket

One-day change of clothes

Essential toiletries

Pen, notebook and Bible

Reading materials, journal and digital music device for flight over and back

Neck pillow, sleeping mask and ear plugs (for sleeping on airplane)

Mints, gum, cough drops and boxed snacks (travel size)